Information about the Social Programme

Please read carefully. The Conference Programme is available here. This information is to help you with the practicalities of attending the social events that you have registered for. For all social events, please assess accessibility based on your own needs – participation is at your own risk, and we cannot be held responsible. Please also check each activity if you registered and you have any food intolerances and / or allergies.



Visit to Scottish Parliament, Friday 29 August, 3:15-4:30pm

MEETING POINT: LOBBY OF SCOTTISH PARLIAMENT (AFTER SECURITY), 3:15PM.

Entry to the Scottish Parliament involves an airport-style security check, so do not to carry anything that you would not take on an airplane. Please arrive at least 20 minutes prior to the tour because if Parliament is busy around this time there can be a delay at entry.

If you are attending the reception at the <u>City Chambers</u> a conference volunteer will be walking to there. It is just over half a mile/just under one kilometre along (up) the historical Royal Mile, but there is a bus service (<u>number 35</u>) if you prefer. If you would like to eat before the reception there are many options ranging from bakeries and snack bars to fine dining. A vegan/vegetarian restaurant nearby is <u>David Bann</u>, which will offer the reduced-cost "<u>lunch menu</u>" at any time if you quote "IFTTC".

See this map showing the walk between the Scottish Parliament and Edinburgh City Chambers. As you walk up the Royal Mile, the City Chambers is on your right under the archways shown on the web page linked above, along with the address.

Reception at City Chambers, Friday 29 August, 6:30-8:00pm

MEETING POINT: COUNCIL CHAMBER ROOM, FROM 6.30PM.

We are very grateful to the Lord Provost of Edinburgh for generously sponsoring this reception, which starts at 6:30pm in the Council Chamber room of the <u>Edinburgh City Chambers</u>. There will be some brief welcome speeches, along with traditional music. Soft and alcoholic drinks and canapes will be served. There is no formal dress code.

Please be aware that there is a cloakroom that is not staffed so if you choose to leave any jackets, bags or other items there, it is left at your own risk. We cannot take any responsibility for items lost from the cloakroom.

Please note that the canapes being served may not be suitable for you if you have certain allergies / intolerances.

MEETING POINT: ALDER LECTURE THEATRE, LEVEL -1, NUCLEUS BUILDING, FROM 6PM

Generously sponsored and organised by <u>Hand Up Events</u>, this is an evening of traditional Scottish music and dancing. Don't worry if you don't know the steps as the band will lead you through them. A free vegan curry is provided, and you'll be able to buy a selection of soft and alcoholic drinks. Please note that the curry is vegan but if you have particular allergies or intolerances, it may not be suitable for you so please make sure you have been able to find something to eat that suits you.

Walk the Blackford Hill, Sunday 31 August, 8:45-10:00am

MEETING POINT: ENTRANCE TO NUCLEUS BUILDING, 8:45AM

To clear your head with some fresh air, this walk is approximately 1.5km/0.9miles in each direction, with the first half on paved road. After that there is about 20 metres/yards of slightly stony, uneven path and then a broad grassy path, climbing gently, slightly eroded in parts, which could be slippery. The summit is eroded and rocky, and can be windy. We recommend you wear a windproof and waterproof jacket and sturdy shoes. From the summit there is a beautiful 360-degree panorama over Edinburgh, but even climbing part-way will give you memorable views.

Firth of Forth Three Bridges Cruise, Sunday 31 August, 4:15pm-8:45pm

MEETING POINT OUTWARDS: OUTSIDE NUCLEUS BUILDING, 4:15PM
MEETING POINT RETURN: HAWES PIER, QUEENSFERRY, 7:45PM

If you've signed up for the cruise, after the conference ends, please immediately board the buses outside of the Nucleus building. They will take you to Queensferry for this 90-minute river cruise with Forth Boat Tours. Depending on traffic, you may have time to quickly explore Queensferry before the ship departs at 6pm. Please be in the boarding queue at Hawes Pier by 5:50pm. Small snacks (such as Mars Bars; KitKats, and crisps) and drinks are available for purchase onboard but perhaps take a snack with you if you think you'll need something more to eat. Wear a windproof and waterproof jacket and sturdy, non-slip, footwear. It can be slippery on deck and on entry and exit from the boat. Bring a fleece or other layer so that you are not cold on deck. Buses will return to central Edinburgh as soon as possible after the cruise, departing not later than 8pm. Buses will stop around the west end of Princes Street then Pollock Halls. Thank you to Hand Up Events for sponsoring this.

Visit to One World Shop, Sunday 31 August, 4:15pm-6:00pm

MEETING POINT: ONEWORLD SHOP ST, JOHN'S CHURCH, PRINCES STREET

Rachel and her team would love to see you at One World Shop, which is staying open especially for us. It takes approximately 30 minutes to get there by bus services 3, 12, 24 or 47.

Bus trip to WFTO guaranteed enterprise <u>True Origin</u>, and sightseeing, Monday 1 September, 9:00am-6:00pm

MEETING POINT: COACH PARK OPPOSITE ST LEONARDS BUILDING, POLLOCK HALLS, 8:45AM

Departing from outside the Reception Centre of Pollock Halls on Lothian Coaches promptly at 9:00am, this is a full day excursion, firstly to True Origin, where we will have a tour of the warehouse, possibly some tastings of products, and a sandwich lunch and refreshments. This will last about 2.5 hours. We will then drive along Loch Lomond to Crianlarich, onwards to Lochearnhead, and stop in Callander for 30-45 minutes, where you can buy refreshments and souvenirs. If time permits, we will have a photo-stop at The Kelpies. Again depending on traffic, we should arrive back at Pollock Halls not later than 6pm. This trip costs £20, payable by card or cash as you board the bus. Please note that True Origin is a working warehouse, so please take care while on the premises. If you have accessibility needs, please assess accordingly. Please note that the catering provided at True Origin will not cater for individual allergies and intolerances.

And just in case...

Pubs with Traditional Scottish Music

If you would like to enjoy traditional music some Edinburgh pubs are listed below:

Sandy Bells

The Royal Oak

The Hebrides Bar

The Whiski Bar

The Captain's Bar